



NORTHWEST

	Cert Level	Snowboard Turn Descriptors				Movement Pattern		Terrain
		Direction	Turn Type	Turn Size	Shape	Flex-Extension	Rotation	
Skidded	1	Forward	Skidded Demos**	Medium	Any	Basic/ Isometric	Aligned	Green
	1	Forward	Skidded	Medium	Closed	Most Extended	Aligned	Easy Blue
	2	Forward	Skidded	Small	Closed	Most Flexed	Separation	Blue/Black
	3	Forward	Skidded	Small	Closed	Most Flexed w/ Retraction	Separation	Black
Carved	1	Forward	Carved	Large	Closed	Most Extended	Aligned	Green
	2	Forward	Carved	Large	Closed	Most Flexed	Aligned	Blue
	2	Forward	Carved	Small	Open	Most Flexed	Separation	Green
	3	Forward	Carved	Large	Closed	Most Flexed w/ Retraction	Separation	Black
Switch	1	Switch	Skidded	Medium	Open	Most Extended	Aligned	Green
	2	Switch	Skidded	Medium	Closed	Most Flexed	Separation	Blue
	2	Switch	Carved	Large	Closed	Most Extended	Aligned	Green
	3	Switch	Skidded	Small	Closed	Most Flexed	Separation	Blue
	3	Switch	Carved	Small	Open	Most Flexed w/ Retraction	Separation	Green
Off- Piste	1	Forward	Skidded	Large	Closed	Most Extended	Aligned	Blue
	2	Forward	Skidded	Medium	Closed	Most Flexed	Separation	Blue/Black
	3	Forward	Skidded	Small	Closed	Most Flexed w/ Retraction	Separation	Black
	3	Switch	Skidded	Medium	Closed	Most Flexed	Separation	Blue/Black

**** See Descriptions Page for more information on Beginner Demos and other Level 1 Teaching Specific Maneuvers**

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AASI-NW Assessment Activity Descriptions (Rev. 12.15.23)

	Cert	Trick/Maneuver	Details (See Descriptions Page For More Info)	Terrain/Feature
Flatland	1	Nose/Tail Press	Traveling 10 or more feet, no edging	Flat Green
	1	Ollie/Nollie	Landing should be 2-footed, no edging	Green
	1	Flatland 360s	Fall-line - 360 - Fall line, both directions, center pivot	Green
	2	Air 180s	Clean off edges, rotation both ways, land clean edge	Green/ Blue
	2	Nose/Switch Nose Rolls	180 pressure moves in a traverse	Green/ Blue
	3	Spins, Butters	Forward and/or switch	Green/ Blue
Jumps	1	Straight Airls	Retraction, no grab	Small or Natural Feature
	2	Grab or Shifty	Clean grab or shifty (greater than 45 degrees)	Small Man-Made Jump
	2	180	Retraction, no grab, off clean edge	Small Man-Made Jump
	3	360	Full rotation, no grab, on/off clean edge (no scrub)	Small Man-Made Jump
	3	180 w/ grab	Clean 180, grab between the feet	Small Man-Made Jump
Boxes	1	50-50	Ride on, ride off, forward direction	Small Box
	2	Pivot or Pressure Move	Ride on, ride off, forward direction	Small Box
	3	Pivot and Pressure	Jump on, can be separate or combined moves (lip slide)	Small Box
Half Pipe	1	On Snow Edge Change	Pivot point in the transition zone	Pipe or Transitional
	2	Air Edge Change	Pivot point in the vert zone	Pipe
	3	Air Edge Change	Pivot point at or above the lip	Pipe
Sample Versatility	2	Pivot Slips	Separation, with no vertical movement, center pivot	Green/ Blue
	2	Leapers	Across fall-line, off two feet, board moves under	Green/ Blue
	2	Funnel Turns	Skidded or carved	Green/ Blue
	3	Toe to Toe 180s	Air 180 across fall-line	Green/ Blue
	3	Heel to Heel 180s	Air 180 across fall-line	Green/ Blue
	3	Pivot Slips	Most flexed at edge change, forward or switch	Blue/ Black
	3	Dolphin Turns	Carved across fall-line (blue), down (green)	Green/ Blue
	3	Funnel Turns	Skidded or carved	Blue/ Black