Evaluation - Phase 1

Collaborate on relating observed fundamentals and observed board performance (cause/effect).

Video 1

Video 2

Video 3

Evaluation - Phase 2

Compare desired outcome to observed outcome - "Real vs Ideal".
Is the desired outcome achieved?

Video 1

Video 2

Video 3

Prescription

Create a simple prescription that includes:

- The observed board performance.
- Desired board performance.
- Desired body movements.
- The Fundamental that the prescription addresses and how it addresses it, related to the desired board performance.

Video 1

Video 2

Video 3